

World Suicide Prevention Day

● Many Faces, Many Places: Suicide Prevention Across the World



The Scope of Suicide

The World Health Organization (WHO) estimates that about one million people die by suicide every year; this represents a "global" mortality rate of 16 per 100,000, or one death every 40 seconds. Suicide rates in many developing countries have been steadily rising in recent years.

Suicide Prevention Across the World

On World Suicide Prevention Day, September 10, 2010, the theme "Many Faces, Many Places: Suicide Prevention across the World" offers us a broad perspective for suicide prevention. There are significant differences in the profiles and circumstances of suicidal individuals in different parts of the world. At the same time, it is clear that the experience of connectedness is important in the mental health of all people.

It is often asked, how can we best connect with each other in a world that appears so disconnected? We strongly believe that if our communities work towards being better connected, through sharing information, expertise and time, we can do a great deal to help those who are in need, desperate, and vulnerable to suicide.

We believe that through a combined effort at an international and local level, a difference to the lives of many will be made.

Suicide Can be Prevented

The WHO has noted that not all suicides can be prevented, but a majority can. Developing and implementing national strategies as well as specific local interventions can lower rates of suicide in diverse populations.

Successful approaches to suicide prevention have included:

- restricting access to means;
- establishing community prevention programs;
- establishing guidelines for media reporting;
- engaging with frontline professionals through gate keeper training programs.

Download the World Suicide Prevention Day brochure to learn about recent examples of suicide prevention programs that have demonstrated effectiveness in reducing suicide rates.

http://iasp.info/wspd/pdf/2010_wspd_pdf_flyer.pdf



World Suicide Prevention Day 2009 Activities in Sri Lanka, Fiji and Switzerland

Download the World Suicide Prevention Day Suggested Activities Sheet

http://www.iasp.info/wspd/pdf/2010_wspd_activity_sheet.pdf



On September 10th,

World Suicide Prevention Day

light a candle near a window at 8PM

to show your support for suicide prevention

to remember a lost loved one

and for the survivors of suicide.

World Suicide Prevention Day
www.iasp.info/wspd/

IASP

50th Anniversary

The International Association for Suicide Prevention is celebrating its 50th year.

A few details about the IASP:

Established in Vienna, in 1960, by the late Professor Erwin Ringel, IASP is the key Non-Government Organization in official relations with the World Health Organization in addressing suicide.

IASP has brought global attention to the unacceptable loss of approximately 1 million people each year worldwide who die by suicide.

IASP provides a common platform for all representatives of the many professions who are engaged in the field of suicide prevention and crisis intervention.

IASP brings together and dissipates available knowledge and expertise for effective action in suicide prevention and encourages the interchange of acquired experience in various countries and regions.

IASP coordinates programmes of research, and specialized training in suicide prevention pursued through international joint cooperation.

IASP coordinates and co-sponsors World Suicide Prevention Day on September 10th every year.

The international nature of IASP is attested to by the diversity of office holders and the widespread geographical locations of its conferences.

IASP is a unique multidisciplinary organization with its membership coming from 50 countries, primarily from the mental health professions, but with additional members from such disciplines as sociology, social work, anthropology, medicine, public health, education, corrections, probation, coroners/medical examiners, pathology and philosophy.

IASP also has an active membership from the voluntary sector such as Samaritans, Lifeline and the International Federation of Telephone Emergency Services. Close relations also are maintained with survivor groups such as Papyrus UK and Console.

IASP provides an umbrella organization and facilitates co-ordination of the efforts of many individuals and groups around the world in promoting suicide prevention.

Please join our global team in preventing suicide by visiting our website.

International Association for Suicide Prevention

www.iasp.info

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